

## Hot Sandwiches

Served with the deli salad of the day and a pickle unless specified in description

### Open Faced Strip Steak Sandwich 12.95

Served on toast tips topped with sautéed onions, mushrooms and a side of French fries

### Chicken Cali Sandwich 9.95

Char grilled chicken breast topped with lettuce, tomato, red onion and a side of mayonnaise on a hard roll.

### Marinated Chicken Breast Sandwich 9.95

Grilled chicken breast topped with bacon and melted Swiss cheese on a hard roll.

### Barbecued Chicken Breast Sandwich 9.95

Grilled chicken breast marinated in barbecue sauce topped with sautéed onions and melted Swiss cheese on a hard roll.

### Chicken Cordon Bleu Sandwich 9.95

Breaded chicken breast topped with ham and Swiss cheese on a hard roll.

### French Dip Sandwich 9.95

Sliced roast beef on a toasted steak roll with a side of au jus.

### Chicken Parmesan Sandwich 9.95

Breaded chicken breast topped with mozzarella and fresh marinara on a hard roll.

### Philly Cheese Steak Sandwich 9.95

Thinly sliced steak topped with onion, light sauce and cheese on a steak roll.

### Chicken Philly Cheese Steak Sandwich 9.95

Grilled chicken breast strips cooked with onions in a light sauce topped with cheese on a steak roll.

### Clam Basket 9.95

Fried clams and French fries with tartar or cocktail sauce.

### Sabrett Hot Dogs 8.95

Two hot dogs topped with homemade meat sauce, onions, mustard with a side of French fries.

Substitute any deli salad for  
**Onion Rings, Sweet Potato Fries,  
Tater Tots or Garden Salad 2.00**  
**French Fries 1.00**

### Any two combo! 8.95

- 1/2 Deli Sandwich
- Soup Du Jour
- Side Garden Salad

## Club & Wraps

Clubs are made on your choice of white, wheat, or rye bread  
Served with the deli salad of the day and a pickle

### Manhattan Club or Wrap 10.95

Roast beef, Turkey, Swiss cheese, bacon, lettuce, tomato and mayonnaise.

### Traditional Turkey Club or Wrap 10.95

Turkey, bacon, lettuce, tomato, and mayonnaise.

### Exchange Club or Wrap 10.95

Turkey, ham, American cheese, lettuce, tomato, bacon and mayonnaise.

### Taco Wrap 9.95

Seasoned ground beef, lettuce, tomatoes, Monterey Jack cheese and sour cream in a flour tortilla.

### Chicken Caesar Wrap 9.95

Romaine lettuce, grilled chicken and Caesar dressing wrapped in a flour tortilla.

### Buffalo Chicken Wrap 9.95

Breaded chicken, tossed in buffalo sauce lettuce and bleu cheese wrapped in a flour tortilla.

## From the Grill

### Reuben 9.95

Corned beef or Turkey on grilled rye with Swiss cheese, sauerkraut and Russian Dressing.

### Monte Cristo 9.95

Ham and Turkey with Swiss cheese and Russian dressing on battered white bread

### Turkey Supermelt 9.95

Turkey, Swiss cheese, bacon, and Russian on grilled rye.

### Grilled Ham and Swiss 9.95

### Grilled Tuna and Swiss 9.95

### Grilled Cheese with Bacon and Tomato 9.95

## Deli Sandwiches

made on your choice of white, wheat, rye bread or hard roll  
Served with deli salad of the day and a pickle

- House Roasted Roast Beef
- House Roasted Turkey Breast
- BLT
- House Roasted Corned Beef
- Egg Salad
- Solid White Albacore Tuna Salad

# MANHATTAN EXCHANGE

607 Union Street  
Schenectady, New York 12305

518-374-5930

Have us cater  
your next event.  
Ask for details today!

[www.ManhattanExchange.net](http://www.ManhattanExchange.net)



## Homemade Soups

**Soup Du Jour 3.95 French Onion Crock 4.95**

## Appetizers

We take Pride  
in our Chicken



**Boneless Chicken Wings 8.95**

Fried chicken tossed in your choice of sauce: Mild, Medium, Hot, Sicilian, BBQ, Thai Sesame. Served with bleu cheese and celery.

**Chicken Wings 9.95**

Choice of sauce: Mild, Medium, Hot, Sicilian, BBQ, Thai Sesame. Served with bleu cheese and celery.

**Chicken Quesadilla**

**Full Order 10.95 Half Order 8.95**

Flour tortillas stuffed with cheese, green onions, tomatoes, jalapeños, black olives, and grilled chicken. Served with sides of homemade salsa, and sour cream.

**Fried Pickles 8.95**

Breaded fried pickle chips with a side of ranch dipping sauce.

**Calamari 9.95**

Hand breaded fried calamari, served with fresh marinara sauce.

**Potato Skins 9.95**

Crispy skins with cheddar cheese, bacon, and a side of sour cream

**Mexican Skins 9.95**

Crispy skins, seasoned ground beef, Monterey Jack cheese, jalapeños. Served with a side of sour cream and homemade salsa

**Basket of**

**Lead 'em up 8.95**  
with bacon, cheese, scallions, served  
with sour cream on the side

<b>French Fries 4.95</b>	<b>Onion Rings 5.95</b>
<b>Tater Tots 5.95</b>	<b>Sweet Potato Fries 5.95</b>

**Chicken Tenders 9.95**

Hand cut breaded chicken served with BBQ sauce or honey mustard.

**Buffalo Chicken Tenders 9.95**

Hand cut breaded chicken tossed in wing sauce. Served with a side bleu cheese dressing and celery

**Chicken Tenders & Fries 9.95**

A half order of our hand cut breaded chicken tenders, with French fries and a side of BBQ sauce or honey mustard

**Mozzarella Sticks 8.95**

Hand breaded fried mozzarella cheese served with your choice of marinara or Melba sauce

**Ultimate Nachos 10.95**

Crisp tortilla chips layered with tomatoes, jalapeño, black olives, and melted Monterey Jack cheese topped with your choice of black bean burger, chicken or seasoned ground beef. Served with a side of sour cream and homemade salsa

## Salads

Dressings: Balsamic Vinaigrette, Russian, Bleu Cheese, Ranch, Honey Dijon, Oriental Sesame

**Chef Salad 10.95**

Roast beef, turkey, baked ham, and Swiss cheese over fresh greens. Accented with tomato wedges, cucumbers, bacon, and chopped hard boil eggs.

**Taco Salad 10.95**

Seasoned chicken or beef over fresh garden greens with diced tomatoes, green onions, shredded cheese, black olives, jalapeño peppers, and tortilla chips

**Side Garden or Side Caesar Salad 3.95**

*Add-on to any salad below*

**Grilled or Crispy  
Plain or Buffalo Chicken  
Grilled Cajun Chicken 3.00**

**8 oz  
Strip Steak  
7.00**

**8 oz Burger  
or Black Bean Burger  
5.00**

**Scoop of  
Chicken or Tuna Salad  
3.00**

**Garden Salad 8.95**

Mixed greens, carrots, cucumbers, tomatoes, onions, olives and croutons

**Caesar Salad 8.95**

Romaine lettuce, croutons and our homemade Caesar Dressing

**Manhattan Salad 8.95**

Fresh garden greens piled high served with diced tomatoes, mushrooms, cheese, bacon bits, and chopped hard boil eggs.

**Greek Salad 8.95**

Fresh garden greens topped with tomatoes, cucumbers, kalamata olives, pepperoncini peppers, feta cheese and red onions.

**Mandarin Salad 9.95**

mixed greens topped with dried cranberries, mandarin oranges, sunflower seeds, tomatoes cucumber and carrots.

**Romaine Wedge 8.95**

Romaine hearts split topped with bleu cheese crumbles, bacon, tomatoes, red onions, and bleu cheese dressing.

## Burgers

Half pound burger grilled to your liking served with French fries and a pickle. Burger additions 75¢ each : bacon, tomato, jalapeño, sauteed mushroom, onions, pepper Cheese: Swiss, American, cheddar, mozzarella, bleu cheese

**Traditional Burger 8.95**

add toppings for 75¢ each.

**California Burger 9.95**

Topped with lettuce, tomato, red onions and a side of mayonnaise.

**Aspen Burger 9.95**

Topped with a side of sour cream and mushrooms.

**New York Patty Melt 9.95**

grilled rye bread with Swiss cheese and sautéed onions.

**Danish Burger 9.95**

topped with melted bleu cheese and red onion.

**5th Avenue Burger 9.95**

Topped with sautéed onions, peppers mushrooms, bacon and cheese.

**Black Bean Burger 9.95**

topped with lettuce, tomato and red onion.

**French Dip Burger 9.95**

Topped with Swiss, sautéed onions with a side of au jus.

**Breakfast Burger 10.95**

Bacon, cheeseburger topped with an over easy egg.

**Sausage Burger 9.95**

Sausage with cheese, sautéed peppers and onions.

**Wednesday 5.00 Burger Day**

**11:00am - 10:00pm  
IN HOUSE ONLY!**

**\*Menu Burgers & Feature Burgers**

Served with French Fries and a pickle

*\*Exclude Breakfast and Sausage Burger which are  
Available at regular price*